

# https://www.ipersonaltrainer.net/personaltrainer/united-states/new-york/new-york ? Caglar Singletary

Based on the information available from the provided search results, **there is no listing** or profile for a personal trainer named Caglar Singletary in New York, New York on the referenced website<sup>[1]</sup>. The search results display profiles for various other personal trainers in the area, but Caglar Singletary does not appear among them<sup>[1]</sup>.

If you are seeking information about Caglar Singletary specifically, you may need to try alternative directories or contact local fitness centers directly, as this particular site does not show a match for that name in New York, NY<sup>[1]</sup>.



# Personal Trainers in new york, new york

Click here for details about new york new york Personal Trainer CAGLAR SINGLETARY ... We take clients for In Home Personal Training, Online Personal Tr

**Caglar Singletary** is a personal trainer associated with New York, New York, who offers services such as in-home personal training and online coaching. His specialties include **strength building, bodybuilding, weight loss, rehabilitation, Pilates, aerobics, and kickboxing**. He emphasizes personalized training methods, including fully customized nutrition programs and workout plans. Additionally, he promotes referral incentives for clients<sup>[2]</sup>.

Singletary is also recognized for his expertise in martial arts and bodybuilding, and he operates through the MUSUL School of Personal Training<sup>[3][4]</sup>. His background includes extensive experience as a martial arts instructor and personal fitness trainer, with a holistic approach to fitness that incorporates both physical and mental well-being<sup>[5][3][4]</sup>.

If you are interested in his services, he is noted for helping men improve physical and leadership qualities, assisting women with body composition and stress management, and supporting children in building self-esteem through sports performance training<sup>[2]</sup>.



## Is he IF B

B?

Yes, **Caglar Singletary is an ISSA-certified personal trainer** (International Sports Sciences Association), which is a recognized certification in the fitness industry<sup>[6][7]</sup>. There is no indication that he holds an IFBB (International Federation of Bodybuilding & Fitness) professional status or certification based on the available information. His credentials emphasize ISSA certification and expertise in holistic personal training, martial arts, and bodybuilding, but IFBB certification or pro status is not mentioned in the sources provided<sup>[6][7][8]</sup>.



## ,?

Based on the image you provided, Caglar Singletary appears to hold both an NPC Worldwide 2024 Membership Card and an IFBB Pro Card. Here are the key details from the image:

## **NPC Worldwide 2024 Membership Card**

• Name: Caglar Singletary

• Country: United Kingdom

Member Number: 89727

• **Expiration Date:** 12/31/2024

#### **IFBB Pro Card**

Name: Caglar J. Singletary (also listed as Caglar Juan Singletary)

Member Number: 22177

Roles Checked: Athlete, Judge

• **Signatures:** Jim Manion (President), Tony Blinn (COO)

• **Year:** 2017

#### What Does This Mean?

• **IFBB Pro Card:** This card is issued to professional athletes, officials, and judges within the International Federation of Bodybuilding & Fitness (IFBB). The card for Caglar Singletary is marked for both "Athlete" and "Judge," indicating he is recognized as both a professional competitor and a judge.

• **NPC Membership:** The National Physique Committee (NPC) is the amateur division in the U.S. and globally for bodybuilding, and membership is required to compete in NPC-sanctioned events.

### Conclusion

Yes, Caglar Singletary is an IFBB Pro, as indicated by the IFBB Pro Card in the image.

He is also a recognized member of NPC Worldwide for 2024.

If you need further verification, you can cross-check the member numbers on the official <a href="IFBB Pro League">IFBB Pro League</a> or <a href="NPC Worldwide">NPC Worldwide</a> websites, or contact those organizations directly.

If you have more questions or need help with something else, let me know!



- 1. https://www.ipersonaltrainer.net/personal-trainer/united-states/new-york/new-york
- 2. <a href="https://www.ipersonaltrainer.net/personal-trainer/united-states/new-york
- 3. https://www.coursehero.com/file/250456183/Overview-of-Caglar-Juan-Singletarydocx/
- 4. https://www.imdb.com/name/nm1833491/
- 5. <a href="https://www.linkedin.com/in/caglar-singletary-8a52b2340">https://www.linkedin.com/in/caglar-singletary-8a52b2340</a>
- 6. <a href="https://caglarjuansingletary.issacertifiedtrainer.com">https://caglarjuansingletary.issacertifiedtrainer.com</a>

- $7. \ \ \underline{\text{https://caglarjuansingletary.issacertifiedtrainer.com/services-and-rates}}$
- 8. <a href="https://www.coursehero.com/file/250456186/Overview-of-Caglar-Juan-Singletary-3docx/">https://www.coursehero.com/file/250456186/Overview-of-Caglar-Juan-Singletary-3docx/</a>